



Fall 2013 Newsletter

Join us at the Symphony!



**Brahms Violin Concerto to benefit Women of Means
Longwood Symphony Orchestra
Saturday, October 5, 2013 | 8:00 p.m.
New England Conservatory's Jordan Hall
30 Gainsborough Street, Boston**

\$50 concert only

or

\$75 concert and wine and hors d'oeuvres pre-reception

Tickets available now through our website, www.womenofmeans.org, or call the office 781.239.0290 today!

The Longwood Symphony Orchestra (LSO) is an orchestra of volunteer musicians, most of whom are healthcare professionals. This year, they've chosen Women of Means as one of their Community Partners, and this concert will raise funds for our medically underserved populations through their Healing Art of Music benefit concert series.

For more information and sponsorship opportunities, please contact us at 781.239.0290, or email ccarrozza@womenofmeans.org.

Founder's Corner



Roseanna on her way up Mt. Kilimanjaro

Journey of a Lifetime

I would like to thank all of you who supported me during my Mt. Kilimanjaro climb this June! I pursued my dream of trekking up this beautiful mountain – while also raising awareness and critical funding for Women of Means! My personal journey was amazing, proving to me that with a little help, I can overcome my physical challenges (double knee replacement). Every step reminded me of the daunting challenges that the women we care for face daily – fear, poverty and health problems. To date, we have raised more than \$33,500 that will help us provide the services they need to help them find their way to a meaningful, healthy life.

Bringing Rodah and Tom Home to Kenya



Rodah, at home at last in Kenya

While this trip was a great adventure for me, it was also a beautiful homecoming for a beloved long-time WoM client, Rodah, and her husband, Tom. I worked privately to raise money to bring this couple back home to Nairobi. Rodah and Tom are so very grateful to be reunited with their family in their Kenyan homeland after so many years of separation! We are especially grateful to the Women's Lunch Place for hosting a farewell reception. We couldn't have made this dream come true without your help and good wishes! Thank you!

--Dr. Roseanna Means

Healthy Eating at the Home Suites Inn

Clients at the Home Suites Inn Family Shelter in Waltham were treated to delicious, healthy food at the Healthy Eating Fair this July. Marie Nowicki, WoM's Nurse Manager, led a team of students from the Regis School of Nursing and WoM medical student and resident trainees, who presented nutrition information. Thanks to all the local vendors who donated the food! A fun and healthy time was had by all.



Special Thanks to our Donors...

Wellesley Girl Scout Troop 73200 prepared toiletry donations for WoM clients.



From L-R: Allison Kannan, Rebecca Taylor and Rebecca Smith of Wellesley Girl Scout Troop #73200.

Cambridge College's interpreter program supports WoM's shelter clients by providing volunteer bilingual interpreters and translation services for forms and documents.

[Make a Donation](#)

Women of Means depends upon the generosity of our friends to provide the medical supplies with which our volunteer medical staff treats 2,500 women and children annually. Won't you please help?

[Volunteer](#)

Family Physicians Learn About Family Shelters



Dr. Tanur (left) with a patient.

Marcia Tanur, WoM Medical Director, and Nurse Manager Marie Nowicki presented, "Out in London and Boston: Teaching Medical Care for Homeless, Motel Families," to the Massachusetts Academy of Family Physicians on April 12 and 13. Together, they outlined WoM's approach to providing healthcare within a family shelter setting.



[About Us](#)

While working with a health clinic serving the homeless between 1990 and 1998, Dr. Roseanna Means observed that homeless women were under-represented. Upon investigation, Dr. Means discovered that traditional clinic processes

Women of Means volunteers include some of the best doctors and nurses in the Boston area, as well as numerous lay volunteers who assist in fund-raising, administration and other roles. Call or email our office to find out how you can make a difference!

illness and, most significantly, fear. Dr. Means founded Women of Means, an innovative new health care model, in 1999. Today, a team of over 20 volunteer and paid medical professionals bring care into the shelters where the women feel safest.

www.womenofmeans.org

Women of Means is a 501 (c) (3) non-profit organization (tax ID 043487205)
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